

# THE GOODLIFE SOCIETY RECIPE COLLECTION

From the Dr. Kosta & Dave TV Show

## PAELLA

Saffron Rice with Seafood and Chicken

### Ingredients:

- 15 medium shrimp (V-15) peeled and deveined
- 1 ½ pounds small clams in shells (scrubbed)
- 1 cut up chicken 2-3 lbs, cut into serving pieces
- ½ pound chorizo or medium sweet Italian sausage
- 1 ½ pounds mussels in shells-scrubbed
- 8 small langostino or lobster tails, frozen or fresh
- 1 large red bell pepper, seeded and diced
- 1 large red tomato, seeded and diced
- 1 large yellow onion, diced
- 4 cloves minced garlic
- 3 cups uncooked short grain rice or *Italian Arborio Rice*
- ¼ tsp saffron
- 4 cups chicken broth
- 2 cups frozen peas
- ½ cup olive oil

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