

# THE GOODLIFE SOCIETY RECIPE COLLECTION

From the Dr. Kosta & Dave TV Show

## MEDITERRANEAN MACCARONI and CHEESE

### Ingredients:

3 skinless & boneless chicken breasts  
2 finely chopped red bell peppers  
1 large onion-chopped finely and caramelized  
4 cloves minced garlic  
¼ cup olive oil  
1 package elbow macaroni  
2 cups grated sharp or extras sharp cheddar cheese  
1 tsp Hungarian paprika  
¼ cup minced fresh basil

### Procedure:

- 1) BBQ or sauté chicken breasts, cut into small cubes or shred. Set aside
- 2) Sauté and caramelize with paprika chopped onion. Set aside
- 3) Sauté red bell pepper with garlic in 2 Tbs. olive oil until soft. Set aside
- 4) Boil macaroni in water, drain
- 5) Combine chicken breast, onion, red bell pepper and basil and mix with macaroni while still hot. Add cheddar cheese and mix thoroughly. Sprinkle with remaining basil and serve hot!