

THE GOODLIFE SOCIETY RECIPE COLLECTION

From the Dr. Kosta & Dave TV Show

CHEDDAR-CHICKEN SOUP

- 1) Make chicken stick. Reserve pieces of shredded chicken OR use cooked, shredded chicken breast or thighs. 3 quarts
- 2) Add chopped celery-2 cups.
- 3) 1 cup chopped, cooked onion
- 4) 4 cups frozen peas.
- 5) Grate 2 cups medium or sharp cheddar cheese. Dust cheese in bowl with 3 Tbs. flour.
- 6) While soup is simmering, add cheese and blend thoroughly.
- 7) Serve immediately, with crusted sourdough bread.

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